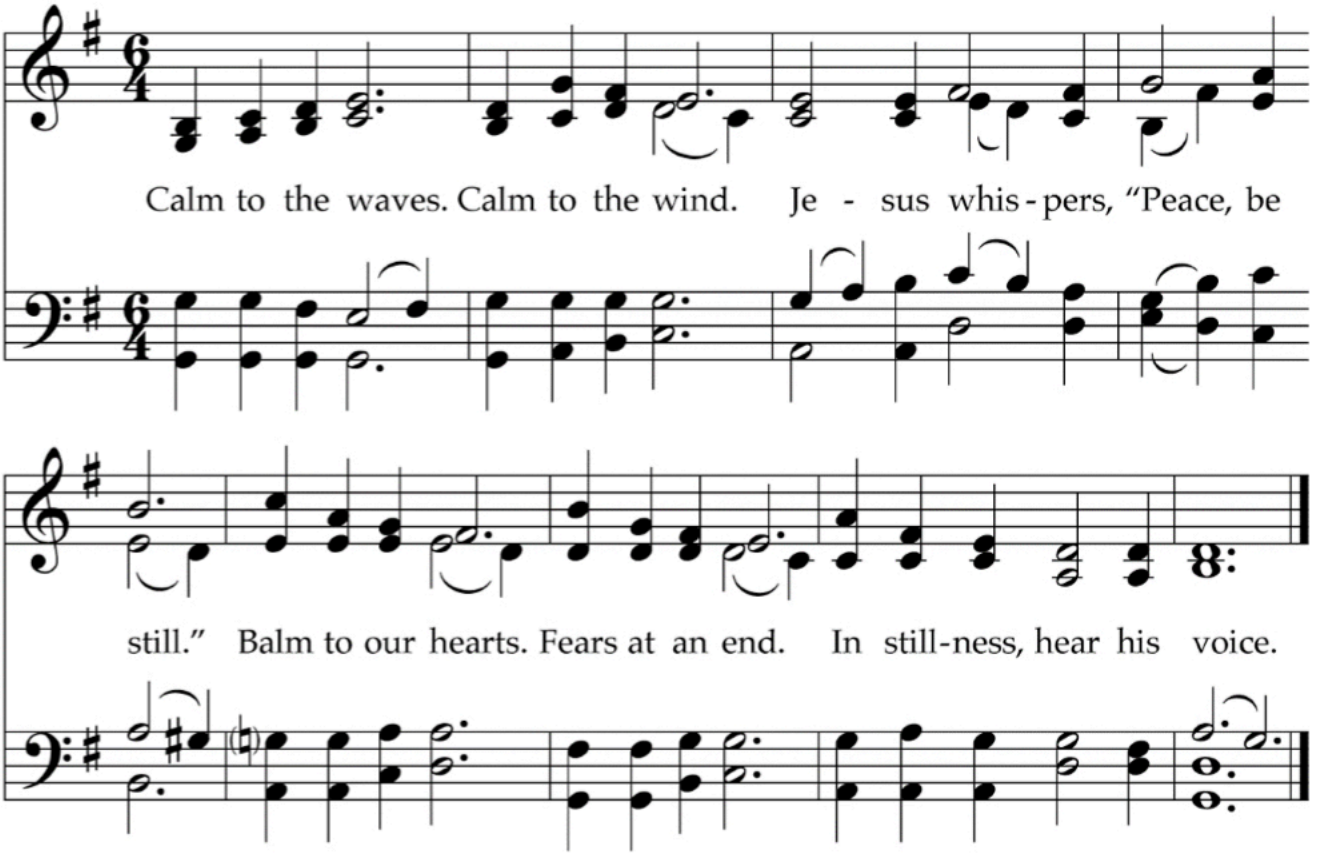
Calm to the Waves 184



The first half of this refrain text deals with the external environment, while the second half concerns our interior response. Similarly, the first half of the music gradually moves upward, while the direction of the second half is downward, enhancing a sense of centeredness.

TEXT: Mary Louise Bringle, 2002
MUSIC: Thomas Pavlechko, 2002
Text © 2002 GIA Publications, Inc.
Music © 2002 Selah Publishing Co., Inc.

CALM SEAS
4.4.7.4.4.6